

**NOTICE OF PRIVACY PRACTICES (NPP)**

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

My practice is dedicated to maintaining the privacy of your personal health information as part of providing professional care. I am required by law to keep your information private. These laws are complicated, but I must give you this important information. This form is a shorter version of the full legally required NPP. Please feel free to discuss with me any questions or problems.

I will use the information about your health which I get from you or from others mainly to provide you with treatment, to arrange payment for our services, and for some other business activities which are called, in the law, health care operations. After you have read the NPP I will ask you to sign a Consent Form to let me use and share your information. If you do not consent and sign this form, I cannot treat you.

If you or I want to use or disclose (send, share, release) your information for any other purposes I will discuss this with you and ask you to sign an Authorization form to allow this.

Though I will keep your health information private there are times when the law requires mental health professions to disclose information. For example:

1. When there is a serious threat to your health and safety or the health and safety of another individual or the public. I will only share information with a person or organization which is able to help prevent or reduce the threat.
2. Suspected child abuse or neglect must be reported to the proper authorities.
3. If you are a party to a lawsuit or other legal proceedings and I am served with a subpoena I may have to release some of your health information. I will try and make certain that you have been made aware of the subpoena, so that you may take appropriate action to protect your privacy.
4. If a law enforcement official requires me to do so.
5. For Workers Compensation and similar benefit programs.

There are some other situations like these but which don't happen very often. They are described in the longer version of the NPP.

## Your Rights Regarding Your Health Information

- You can ask me to communicate with you about your health and related issues in a particular way or at a certain place which is more private for you. For example, you can ask me to call you at home, and not at work to schedule or cancel an appointment. I will try my best to do as you ask.
- You have the right to ask me to limit what I tell people involved in your care or the payment for your care, such as family members and friends. While I don't have to agree to your request, if I do agree, I will keep our agreement except if it is against the law, or in an emergency, or when the information is necessary to treat you.
- You have the right to look at the health information we have about you such as your medical and billing records. With your request in writing you can even get a copy of these records but there may be a charge.
- If you believe the information in your records is incorrect or missing important information, you can ask me to make some kinds of changes to your health information. You have to make this request in writing including the reasons you want to make the changes.
- You have the right to a copy of this notice. If I change this NPP I will post a new version in the waiting area and you can always request a new copy for self.
- You have the right to file a complaint if you believe your privacy rights have been violated. You can file a complaint with the Secretary of the Department of Health and Human Services. All complaints must be in writing. Filing a complaint will not change the health care I provide to you in any way.

If you have any questions regarding this notice or my health information privacy policies, please speak with me about your concerns.

The effective date of this notice is April 14, 2003.

# Amy Beckman, LCSW

McLean Professional Park  
1499 Chain Bridge Rd., Suite 200  
McLean, VA 22101  
703-356-3239

## ACKNOWLEDGMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

By my signature below, I \_\_\_\_\_, acknowledge that I received a copy of the Notice of Privacy Practices for the clinical practice of Amy Beckman, LCSW. I understand that if I have any questions regarding the Notice or my privacy rights, I can contact Ms. Beckman.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

If this acknowledgment is signed by a personal representative on behalf of the client, complete the following:

Personal Representative's Name: \_\_\_\_\_

Relationship to Client: \_\_\_\_\_

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### For Office Use Only

I attempted to obtain written acknowledgment of receipt of our Notice of Privacy Practices, but acknowledgment could not be obtained because:

\_\_\_\_\_ Individual refused to sign.

\_\_\_\_\_ Communications barriers prohibited obtaining the acknowledgment.

\_\_\_\_\_ An emergency situation prevented us from obtaining acknowledgment.

\_\_\_\_\_ Other (please specify) \_\_\_\_\_

This form will be retained in your record.

**CONSENT TO USE AND DISCLOSE YOUR HEALTH INFORMATION**

This form is an agreement between you, \_\_\_\_\_ and me. When I use the word “you” below, it can mean you, your child, a relative or other person if you have written his or her name here \_\_\_\_\_.

Through our work together I will be collecting what the law calls Protected Healthcare Information (PHI) about you. I need to use this information to decide what treatment is best and then to provide any treatment to you. We may also share this information with others who provide treatment to you or need it to arrange payment for your treatment or for other business or government functions.

By signing this form you are agreeing to let us use your information here and send it to others. The Notice of Privacy Practices explains in more detail your rights and how we can use and share information. Please read this before you sign this Consent form.

If you do not sign this consent form agreeing to what is in my Notice of Privacy Practices (NPP) I cannot treat you. If any changes are made to the NPP a new copy will be made available.

If you are concerned about some of your information, you have the right to ask us to not use or share some of your information for treatment, payment or administrative purposes. You will have to tell me what you want in writing. Although I will try to respect your wishes, I am not required to agree to these limitations. However, if I do agree, I will do as you ask.

After you have signed this consent, you have the right to revoke it by writing a letter to me stating that you no longer consent. I will comply with your wishes about using or sharing information from that time on but may have already used or shared some of your information and cannot change that.

\_\_\_\_\_  
Signature of client or representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
(If representative, relationship to client)

\_\_\_\_\_  
Description of personal representative’s authority

\_\_\_\_\_  
(Clinicians Signature)

Date of NPP \_\_\_\_\_ Copy given to the client/parent or representative.

**AUTHORIZATION FORM**

1. I am completing this form to allow the use and sharing of protected health information about  
Printed name: \_\_\_\_\_ Date of Birth \_\_\_\_\_

2. I authorize this person or organization:

\_\_\_\_\_  
\_\_\_\_\_

3. To use or disclose the following information:

\_\_\_\_\_ Inpatient or outpatient treatment records for physical and or psychological, psychiatric, or emotional illness.

\_\_\_\_\_ Admission and discharge summaries.

\_\_\_\_\_ Psychological or psychiatric evaluation(s) reports, assessments, treatment notes, summaries or other documents with diagnoses, prognoses, recommendations, or testing records, and behavioral observations or checklists completed by any staff member or the patient, or similar documents.

\_\_\_\_\_ Reports of consultants.

\_\_\_\_\_ Academic and educational records, including achievement and other tests' results, reports of teachers' observations and all other school or special education documents.

\_\_\_\_\_ Other:

\_\_\_\_\_

Dates of care included: From: \_\_\_\_\_ To: \_\_\_\_\_  
From: \_\_\_\_\_ To: \_\_\_\_\_

4. To this person or organization: \_\_\_\_\_

5. The information will be used/disclosed for the following purposes:

\_\_\_\_\_

6. I understand and agree that this Authorization will be valid and in effect until this

